

Telford & Wrekin GP Practice Newsletter - Issue 47

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In accordance with national mandate, from **May 2018**, Shrewsbury and Telford Hospitals NHS Trust and Robert Jones and Agnes Hunt Hospital NHS Foundation Trust will only accept referrals for a consultant led first outpatient appointment made using the e-Referral Service via the Telford Referral and Quality Service (TRAQS).

Referrals made by any other means i.e email, letter, fax etc as from this date will be rejected by the provider as they will no longer get paid and the patient will not be seen.

GP's in Telford and Wrekin should already be familiar with using TRAQS and the process for referrals and this remains unchanged, however, if you need any further guidance please click [here](#).

There will be some referral exclusions which will be communicated with you along with a list of FAQ's soon.

If you have any questions you can contact one of the following:

RJAH - mark.lowe@rjah.nhs.uk Divisional Performance Manager

SATH - Andrena.Weston@sath.nhs.uk Patient Access Manager

TRAQS - Stuart.McClymont1@nhs.net TRAQS Team Leader

Reminder: 0-25 Emotional Health and Wellbeing service referrals

All staff within the Access Team have been informed **that the 0-25 Emotional Health and Wellbeing Service will accept a referral letter from our GP partners.**

Please ensure the following is included within the letter:-

- Demographics
- Contact number for the parent or the young person
- Information confirming that the parent or young person has consented to be referred to the Service.
- Presenting difficulties including how this is impacting
- Who has Parental Responsibility
- Is this a Looked after Child
- If this is a look after child which authority is responsible for this child ?

Letters should be sent to to:- sssft.025spa@sssft.nhs.uk

Please note that by referring into the 0-25 Service a range of support services will be offered. These include The Children's Society (drop in), Kooth (online support) , Learning Disabilities Service, Neurodevelopmental and Specialist Mental Health or Crisis Support.

When referrals are received they will be triaged based on the information that is provided within the referral letter. We then will refer to the appropriate support within the whole Service. If the

Service identified is one of our partners, we will write to the parents/ young person informing them of that and will advise how to access that Service. We will send you a copy of this letter so you are aware of the interventions offered to the young person and family.

If you need any further information please contact Dr Muhammed Gul.

Mental Health referrals

Please see link below to the Telford & Wrekin CCG website – this is an aide memoir for mental health referrals.

<http://www.telfordccg.nhs.uk/your-health/mental-health-services>

Improving the Quality of Osteoarthritis Care in Telford & Wrekin

The core evidence-based Recommendations of the NICE OA guideline (CG 177; 2014) are low tech. and should be easy to achieve.

These are

- Offer access to appropriate information
- Activity and Exercise advice and/or treatment
- Weight loss

However, research has shown that across the UK we are not achieving this most basic of intervention.

Keele University have developed a plan to improve uptake of these simple interventions; the programme is called JIGSAW-e, and has now been rolled out across Europe with Norway, Portugal and Holland just some of the countries taking part. **Shropshire CCG** have also taken on the programme with a pathway of care involving practice nurses.

In **Telford** we understood that practice teams have been too stretched to take on this work, so

we have undertaken a programme of work to train the **Healthy Lifestyles team** to deliver these OA interventions. It sits nicely with their programmes of reducing obesity and increasing activity levels.

Keele have also trained Community Champions about OA , how to advise clients and how to refer to the Healthy Lifestyles team, as part of neighbourhood working.

So none of these interventions will increase the workload of GPs and Primary Healthcare teams or cost the CCG any extra money. In fact, this programme should take work away from Primary Care and improve health across Telford and ultimately prevent the progression of OA with early intervention.

For more information , please contact louise.warburton1@nhs.net. I would be delighted to come and speak to your practice team about OA.

Stirchley Medical practice and Church Close already have an EMIS template installed which fires when a code of joint pain or OA is entered on EMIS; this is to collect basic data for Keele University and to remind the practitioner to refer to the Healthy Lifestyles team, either in your practice or at Southwater in Telford. We could install one in your practice if you are interested in this quality improvement.

For more information

see; <https://www.keele.ac.uk/pchs/implementingourresearch/makinganimpact/osteoarthritisandosteoporosis/jigsaw/>

[Applications for GP specialty training campaign](#)

Applications for GP specialty training will be open again from 27 February to 15 March for an August 2018 start. Campaign activity has begun using the strapline **one career, endless opportunities, choose GP**. Your support by sharing information through your primary care channels and contacts would be appreciated so that Foundation year doctors can find out more about GP specialty training and the unique benefits of the career.

The [GPNRO website](#) includes application information, GP career stories and FAQs. Please share and like posts across social media channels using #choosegp on twitter, [Instagram](#) and [Facebook page](#). There's a toolkit on the [HEE website](#) with downloadable campaign banner, posters and flyers to use with local promotion. The GPs featured are all voluntary ambassadors

and some appear in the [campaign video](#)
0800 200 7861.

'Friends 4 Health' programme

A brand new free programme called 'Friends 4 Health' has been launched to help patients recover from physical & mental illnesses, supporting them to achieve a healthy lifestyle through conservation and gardening in Telford Town Park. Please [click here](#) to find out more.

Information from the Paediatric Oncology team at SaTH regarding the 48 hour suspected cancer referral pathways

If a GP is considering referring a paediatric patient via the 48 hour suspected cancer referral pathway, please contact the paediatric department (either Dr Andrew Cowley or Dr Tabitha Parsons) **via telephone first** to discuss the nature of the referral before sending it in. The current 48 hour suspected cancer referral proforma is [here](#) which gives the telephone contact information for Dr Cowley and Dr Parsons.

The new 'Telford STaRS' service

The new 'Telford STaRS' service starts on the 1st April 2018. STaRS stands for Substance misuse Treatment and Recovery Service. It is a partnership led by Inclusion (part of South Staffs and Shropshire Healthcare NHS Trust) that will provide an Integrated Drug and Alcohol Treatment service for adults and young people across Telford and Wrekin. This service will be provided in collaboration with our local partners Aquarius and Willowdene. The service will offer a range of interventions and support with the aim of enabling individuals to recover from the misuse of alcohol and drugs. These interventions will be provided by Doctors, Nurses, Recovery Case Workers, Community Development Workers and Peer Mentors. The ultimate aim of the service is to support individuals to reduce their use of drugs and/or alcohol and enabling them to be full and active citizens. To find out

more about the service and where it will be provided please [click here](#).

Female Genital Mutilation information

We have received a range of Female Genital Mutilation (FGM) information documents to share with our GPs and practice staff, they include:

- [Mandatory Reporting of Female Genital Mutilation – procedural information](#)
- [FGM Data Provision Notice](#)
- [FGM Safeguarding Pathway](#)
- [FGM Pocket guide for health care professionals](#)

Please take the time to read the documents to keep up yourself up to date.

Stop CSE Awareness Day : 16 March 2018

Be part of the Stop Child Sexual Exploitation (CSE) Awareness Event 2018, hosted by the Telford & Wrekin Safeguarding Children Board (TWSCB) and the Safer Telford and Wrekin Partnership, taking place on **Friday 16 March** from **9:30am - 1pm** at the **Park Lane Centre, Madeley, Telford, TF7 5QS**. 18 March is the National CSE Awareness Day, and aims to highlight the issues surrounding CSE (a form of sexual abuse that involves the manipulation and/or coercion of young people under the age of 18 into sexual activity).

Everyone has a role to play in raising awareness of CSE. Safeguarding is everybody's business. Any child can be sexually exploited, no matter what culture, ethnicity religion, whether a boy or a girl from any background.

This event aims to:

- Highlight the issues surrounding CSE;
- Encourage everyone to think, spot and speak out against abuse; and
- Encourage everyone to adopt a zero tolerance to adults developing inappropriate relationships with children, and children forming inappropriate relationships with their peers.

Special guests include speakers from [The Blast Project](#) and [The Breck Foundation](#).

Book your place now via [Ollie](#). Further information for this event can be found on the [flyer](#).

If you have any problems or questions, please don't hesitate to contact Nikki Barden in the Partnership Management Team on 01952 380131 or via partnerships@telford.gov.uk

Free interactive 'health coaching' sessions available

There will be free interactive health coaching sessions taking place in Telford this March during which we will consider our choices relating to the medications we take, how we use them, and the issues that surround those decisions. These half-day sessions are suitable for anyone with an interest in empowering themselves and becoming their own decision maker. Please [click here](#) to view the flyer and find out more.

Healthy start vitamins for patients

Please [click here](#) to find out more about the Healthy start vitamins available to patients and how they can access them. Please use this flyer in your practices.

Telford & Wrekin Safeguarding Children Board Neglect Strategy 2017-2019

The Telford & Wrekin Safeguarding Children Board have distributed the [Neglect strategy 2017-2019](#) which aims to ensure there is early recognition of neglect. The strategy seeks to explain:

- How agencies in Telford & Wrekin recognise and respond to “neglect”;
 - What this means for people and organisations and how they exercise their duties and responsibilities to protect children and young people; and
 - How agencies can work together to reduce the chances of children and young people being neglected.
 - Neglect can affect everyone. This strategy addresses neglect in relation to children from conception to the age of 18 (if they have additional needs, to age 25).
-

- The issue of neglect

Information from the EPAS team at SaTH to ensure the correct pathway for queries and concerns

If a woman has a positive pregnancy test following Fertility treatment and there any concerns within your practice team please contact the Early Pregnancy Advisory Service (EPAS). If you are considering repeat HCGs in primary care then please liaise with the EPAS Nurses who will advise on the appropriate management. The EPAS team can be contacted on (01952) 565944.