

Pharmacy ‘Healthy Start’ Vitamin Supply Procedure

Every 8 weeks, eligible families will be sent a vitamin “coupon” as part of their usual Healthy Start voucher letter. It will remind them to claim their free Healthy Start vitamin supplements and will specify which supplement should be claimed (women’s or children’s). There will be one coupon for each member of the family entitled to vitamins.

- Coupon presented to participating community pharmacy
- Community Pharmacy supplies vitamin preparation according to coupon

Available to:	Children: 6 months - four years
Contains:	233mcg Vitamin A 20mg Vitamin C 7.5mcg Vitamin D
One bottle:	10 mls (8 week supply)
Daily Dose:	5 drops
Classification:	General Sales List Medicine
Manufacturer:	SSL International
Shelf life:	10 months

Available to:	Women; pregnant and until child is 1 yr old
Contains:	70 mg Vitamin C 10 mcg Vitamin D 400 mcg Folic Acid
One bottle:	56 tablets (8 week supply)
Daily Dose:	1 tablet
Classification:	Multivitamin Food Supplement
Manufacturer:	Bayer
Shelf life:	2 years

Redeemed coupons will be collected from the pharmacy when new vitamin supplies are delivered.

The **HEALTHY START VITAMINS FAX BACK FORM** must be completed and faxed to Medicines Management when further supplies of vitamins are required (please allow adequate time for delivery).
Fax: 01952 580303

N.B. Ensure stock is rotated according to expiry dates.